

Without the Idea of Death

There Is Only Life



By Darcie French

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A

Little Book,

Made with Love -

And Forever Dedicated

To The One Universal Being

“Centering all matter from within,
& controlling/balancing it from without”

"I am not life, nor am I death. From Me both spring, and through Me both flow both ways toward unity, first in My manifest Self and then in Me, yet I am not touched in both their passings.

I am the interchanging point of life and death. I balance life and death; and never in their changing can either death or life outbalance death or life.

Write thou that death and life are one, as the swinging pendulum is one, e'en though it oscillates two ways in its incessant swinging."

The Message of the Divine Iliad

Author's Preliminary Note

"There is naught but LIFE. There is no death."

The Secret of Light

This book unites Self-Realization with the Cosmogeny of Walter and Lao Russell.

The Absolute State of Mind, which I often refer to as "the State in the fire", was known in complete severance from sensing effects of motion. It was the absolute, untouched Rest of the still Interchanging Point of Mind — Life — in which the one two-way motion of Thinking was wholly known qualitatively as rhythmic, interchanging ecstasy. What was revealed was recognized years afterward in the Cosmogeny taught by Walter and Lao Russell. Their vocabulary gave language to distinctions I already knew.

What follows is a record of purely qualitative Awareness of eternal Life and the extrasensory perception of the invisible geometry that preceded it. It speaks through mystical poetry and the scientific language of the Russell Cosmogeny, revealing what the senses call "life" and "death" to be motion effects of the concentrative and decentrative directions of the one two-way motion of God's Thinking. Through Thinking, Idea is recorded in divided light, while Life itself remains changeless in Mind.

I use the word *God* poetically, yet in alignment with the Russell cosmogeny. I refer to God in the third person as His-Her; the word *Man* includes both male and female.

Capitalization is intentional. Mind, Knowing and Thinking are capitalized when they name the offices of the Divine Trinity. Other terms — including Idea, Desire, Power, Life, Light, Self, Balance, Love, Truth and Law — are capitalized when they name changeless Reality. The same words remain lower case when they refer to man's sensed interpretations, personal desires, unbalanced thinking or changing effects. This distinction does not divide God from Man; it distinguishes changeless Cause from its record of changing conditions. Capitalization therefore identifies ontological office and level, rather than emphasis or importance.

While the wording of this text may seem complicated at first glance, its purpose is simple: to dissolve the idea of death by sharing the ecstatic, eternal Nature of Mind and the rhythmic, balanced expression of Idea.

May the words that follow serve as a gentle return to the center of your Being, so you may knowingly command Thinking with the divine qualities of Balance, Love, Truth and Law, and see its changing record in proper relation to eternal Life.

Introduction to Walter & Lao Russell's Cosmogony

The Mind of God is still, and its Stillness is Power. Within changeless Knowing rests the One Whole Idea of Creation and the Power to express it. The Energy of Desire inherent within that Power is the timeless causal impetus toward creative expression. Because the Whole Idea already exists in Mind, divine Desire is fulfilled in conception; Thinking then sequentially gives that fulfilled conception unfolding form for refolding.

This is the Divine Trinity: the undivided One of Mind-knowing and the divided two of Mind-thinking. Every body is a patterned record — a simulation of Idea, not the Idea itself. A human is sensed as a human and a rose as a rose because each simulated body unfolds to maturity and refolds back to seed according to its own seed pattern and relation to the whole Idea. The Idea of each rests eternally in the Stillness of Mind that centers all effects of Mind-thinking. Their patterned bodies do nothing of their own accord.

Thinking images Idea via wave fields of divided light. A human body is composed of countless billions of little wave fields included within its collective field. Still Magnetic Light centers and bounds each field. The successive patterns of this aggregation of wave fields are reproduced as sequential stills at the speed of reproduction commonly called the speed of light, and the senses read their sequence as one continuously moving body. Power and energy remain in Mind; neither belongs to seeming motion, divided light or matter.

Through Mind-thinking, divided light rhythmically records the illusion of form unfolding from seed patterns and refolding into seed for renewed expression. These two directions of Thinking are like the opposing ends of a moving lever centered by a fulcrum that neither moves nor acts.

Man's Mind is God's Mind, while the human body is part of the changing effect of Thinking that is God's body. The rose, too, is a uniquely patterned effect centered by the One Mind. Both manifest God's Idea, and neither is separable from the whole.

God is Love. God is Balance. God is Truth. God is Law. God never departs from Rest in Knowing the one whole Idea of Creation while Thinking images it in forms that manifest the qualities of Balance, Love, Truth and Law. The Law of rhythmic balanced interchange governs the two-way expression of every wave cycle.

As the Self is realized, God and Man are qualitatively known as One. What the senses report as separate bodies and opposing conditions is recognized as the illusion of motion effects. To the extent that one knowingly commands Thinking with the divine qualities of Mind, action and reaction are balanced, the manifest self is controlled from its still fulcrum, and Thinking becomes the ecstasy of Knowing.

Prologue

“The Realities of Life are Balance, Love, Truth and the Law. These are the qualities of Mind which you cannot see. You can only know them. The unrealities of life you can alone see, for they cannot be known. The Realities are qualities of Mind at rest. The unrealities are quantities of sensed matter in motion.”

Walter & Lao Russell, Universal Law, Natural Science and Philosophy Course

From a young age, I noticed what seemed to be two very different worlds: the restless and confusing world of constant change and a silent Knowing within, peaceful and unchanging.

As I grew up and conformed to the standards of the outer world, that inner Knowing seemed to become veiled by attention to a roller coaster of endless duality. Depression and anxiety arose from the passive acceptance of limitations and beliefs in the external world. I searched the world for a form of permanent relief until, in my mid-thirties, I surrendered the outer search and turned inward through contemplation of spiritual texts, meditation and prayer.

And then one night in my late thirties, while escaping a house fire, the changeless Reality I had glimpsed as a child and then lost sight of revealed itself again — in its absolute totality.

I remained fully aware. The ordinary actions required to leave the house continued appropriately, yet the sense of being a body in a world wholly vanished. In that vanishing, the alternating conditions the senses call “life” and “death” were known qualitatively, void of effect, as the two opposed directions of one Thinking-motion, forever centered by undivided Knowing. This was the Divine Trinity of Self-communion.

As attention withdrew from the seeming one-way track leading from life to death, I “backtracked” through the extrasensory perception of invisible motion effects until all sensing ceased. I was wholly aware of my eternal Self in God’s Mind and of the Idea of Me forever resting in God’s changeless Knowing. Within the perfect equilibrium of still Knowing and balanced Thinking, I wholly knew the Realities the Russells describe as the qualities of Mind at rest.

Balanced Thinking expresses Love through equal giving and regiving in two opposed directions. The senses interpret its concentrative and decentrative effects as the conditions called “life” and “death.” Divided light records their rhythmic interchange as the illusion of form unfolding from its seed pattern and refolding into seed, completing the two-way wave cycle.

Truth remains changeless in Mind; the equality of two-way interchange manifests it. Law remains a quality known in Mind while governing the balanced action and reaction of every wave cycle. Through this lawful interchange, Thinking multiplies and divides light, recording the dynamic universe of effects without altering the static universe of Cause.

This two-way Thinking-motion was known qualitatively as unbroken mental ecstasy. For timeless moments of rest in its rhythms, I knew that I had never left, nor could ever leave, eternal rest in the absolute Balance of God’s Idea of Me. I qualitatively knew the rhythmic balanced interchange of giving and regiving by which divided light records the manifest pattern my senses call my body. The revelation of Oneness with the Realities of Life left me wholly aware of the eternal Nature of Life — and wholly without the idea of death.

Only two phrases could describe Oneness at the time: “Love, Being Love” and “Absolute Satiation.”

Seven years later, I discovered the writings of Walter and Lao Russell. The recognition of the Light of Love was immediate because their words named distinctions I had already lived without language: the withdrawal of attention from bodily sensation; Mind as Consciousness rather than brain; the body as an electrical record of Mind-thinking; and ecstasy as the qualitative Knowing of Oneness. I was not adopting an explanation for an unfamiliar event. I was recognizing the structure of universal effect as the patterned record of Idea expressed through the two-way motion of Thinking. Love shone through the Russells words, and their cosmogeny became the language through which the Absolute State of Mind, this book and other writings founded in those two phrases would be expressed.

Bodily sensing resumed, but the Knowledge of wholly being Mind did not recede. There was no return from Mind to body and no alternating departure and return. The sensing apparatus of the body again brought into view the record of changing effects, while Identity remained in the changeless Stillness known in the Absolute State of Mind.

The Stillness of the State in the Fire

"Man alone of all My creating things hath begun to hear My whisperings. Since his beginning My still small Voice hath whispered within him that I am he and he Me..."

"I am all that is, and Thee."

The Message of The Divine Iliad

It was late October of 2009. My husband and I were awakened around 4 a.m. by our neighbor, who alerted us that our attached garage was on fire. As we went from the bedroom to the living room on the way out, everything suddenly became very still. In the Presence of that Stillness, I spontaneously agreed to wholly "lean in" as a familiar Inner Voice — unmistakably my own, yet beyond my physicality — gently, with absolute clarity, said:

"You don't have to be here for this."

What followed was not an altered sensory experience, but a progressive withdrawal from referencing "I am" through sense-based perception of myself as a body. It was a kind of reversal through lenses of identification with the world of effects: first a gentle departure from bodily identification and then a lightning-fast sequence of extraordinary extrasensory still frames, unfolding with increasing rapture, until attention had been wholly withdrawn from effect to Absolute Rest in the rhythmic Ananda of Self-Communion.

What the senses report as temporary bodily life followed by permanent death was known in quality as the balanced rhythms of an eternal two-way interchange: simultaneously gravitating and radiating divided-light rhythmically interchanging preponderance without ever leaving the Stillness of Mind that centers it.

The first phase of severance from objectified viewpoints felt as though I was gently lifted from the body. From above my body, I saw the top of the curtain rod in the living-room window. Then I saw, with my inner eyes, a still, diagram-like image I would later encounter on paper in the Russell cosmogeny: two mirror-opposed conical spirals meeting at their apexes.

As the spiral pair disappeared, an exquisite, ineffable rhythm began simultaneously — as if I were anchored in Stillness and yet traveling through space. At first, it felt something like spinning inward, though not as ordinary rotation or disorienting motion, for the same Stillness that had become unmistakable in the living room remained unchanged. Similar to respiration, the seamless rhythm held its opposed directions within one indivisible pulse, without countable beginnings or endings. And yet the body had been forgotten. It was a rapture that was decreasingly perceived and increasingly known.

While this nonvisual rhythm continued qualitatively unchanged, its ecstasy steadily intensifying, two still-frame flashes followed.

The first was centered Awareness of the sun. I witnessed countless pixel-like still frames of divided light arranged in ordered radial extension from my Center, wherever attention turned. Their geometry seemed to populate space in rapid succession. Their outward extension, or "happening" was perceptible; their simultaneous return, or "unhappening" was known.

The second was an extrasensory vision of a perfectly black sphere. It first appeared in front of me, and I immediately knew that it was inseparable from the preceding radiant field. While I still faced it, my Inner Voice — the only Presence in Mind — said, “I am Perfect,” and again I wholly agreed.

In that silent agreement, the rapture deepened further as my relation to the sphere changed. I no longer faced it as an object before me; I centered it and Knew it omnidirectionally. Unlike the prior vision of divided light, the experience of centering the sphere was completely absent of the ordered positioning of the pixelates of light or any seeming movement. All directional differentiation seemed equally present as omnidirectional equilibrium.

Yet this black spherical appearance was not experienced as emptiness, negation or nothingness. The ecstasy only intensified as I remained in silent agreement with the Presence of Stillness centering both visions of light and dark. Ordinary sensory identity had been forgotten, but an individual “I” still remained as the one noticing and centering the visions. Absolute Oneness had not yet wholly dissolved that final distinction.

I would later understand with words, through the Russell cosmogeny, that the radiant field and black sphere were the dual effects belonging to one two-way thought-wave interchange. They were successive visual appearances within the same continuing rhythm; not the Cause itself. Both effects of Thinking were centered by the One Still Light of Mind.

Another flash followed, seemingly illuminating the remaining sense of being an individual — without ordinary bodily or sensory reference — standing upright as if in a great, formless hall and looking upward toward a vast, curved, movie-like screen of moving celestial forms. My view included only the portion overhead and about 45 degrees either way to the right and to the left, and yet I knew that its full curvature was 360 degrees and spherical.

It was indescribably wonderful, as if I were a view-finder-standing-wave within the wonder of God’s Perfect Creation. The same seamless rhythm continued. The prior impression of “traveling” through space dissolved fully as I knew the Stillness as my Life via an immutable, ineffably ecstatic Gratitude.

I stood in a solid, unshakable Knowing of my Being forever held in Love. Here, I qualitatively “met” the Inner Voice — the Still Center I am, God, Father-Mother — not as another being facing me, but as the Still Presence of that unshakable Knowing.

This meeting was truly ineffable. There are no adequate words for it. I knew myself as God’s Idea, and I can say with absolute conviction that I wholly knew the meaning of “my Father and I are One.” An individual awareness still remained, through which that recognition was experienced. Though there was no perceived separation between Father and Son, there was still a silent, invisible relation.

Then came a final flash. In that single instant, the celestial projection, the bodiless upright viewpoint and the remaining individual “I” disappeared together, and *all* memory of precedent dissolved in the 360-degree Knowing of Stillness imagining motion. In the full dissolution of the sense of separation between “Father and Son,” “Unmanifest and manifest,” separation *never was*.

It had never been, nor could ever be. I was never a separate entity, because the Oneness of Self-Communion always is.

What remained in Oneness were not images, thoughts or sensations, but wholly qualitative, rhythmic, balanced, interchanging ecstasy: Knowledge of the Divine Trinity — the undivided One of Mind-Knowing and the divided Two of Mind-Thinking. The rhythms of Knowing the “I,” Thinking “and Thee,” were known as one ecstatic Self-Communion.

The apparent interchanging point of life and death was known by its Cause: the undivided Light of the Creator centering the two-way interchanging qualities of balanced Thinking through which the divided-light patterns of creation are expressed.

What had previously seemed like a succession of “to and from” was wholly held in perfect Rest — not because motion had entered Rest, but because its two-way sequence was known from Rest as one balanced interchange. It was revealed as the simultaneously two-way, sequential unfolding and refolding through which timeless Creative Being is expressed.

Light paired with dark was known without the seeming of duality as the Two-in-One pulsations of One Heart Beating: as the inbreath and outbreath of One Pair of Lungs Breathing. I knew my Self to be wholly One with the very Source and qualities of Heart and Inspiration.

Unlike prior spiritual experiences, which had still included either sensed or extrasensory perception of an apparent division from Source, the Absolute State of Universal Oneness revealed only the ineffable qualitative Nature of God’s Knowledge and Thinking.

One with the fulcrum Point of Divine Mind, and Knowing qualitatively the balancing of its opposed lever ends, I knew the absolute satiation of Desire to express Idea — to give Love to patterns of Idea for regiving — as eternally fulfilling. The balanced interchange of Thinking was known qualitatively as ecstatic Love interchanging with ecstatic Love as it sequentially “flow(ed) both ways toward unity, first in My manifest Self and then in Me.”

In Self-Communion, ecstasy filled all space as attention rested wholly in the One exquisite, Self-existent, timeless, formless and dimensionless Mind. The balanced qualities of Self-expression were directly known. There was no sense of motion or effect in Mind. Thinking was the only motion, and its perfectly balanced interchange was known as ecstasy.

In the face of what I had believed could be the end of me, I instead wholly agreed with my Inner Voice that is not separate from God’s Voice. As the belief in death through identification with the sense of seeming separation was voluntarily released, a series of holy instants dissolved it in the Absolute Satiation of my Self — simply, and ecstatically, Being Love.

The Trinity of Knowledge & Thinking

“God is Light. God is Love. God's creating universe is founded on Love. It is creating with Light. The principle of Love is desire to give. God gives Love by extending His Light. God's Love is a mirror of Light which reflects His giving of Love by the regiving of Love. The Law of Love is rhythmic balanced interchange between all givings and regivings.”

Walter & Lao Russell, Universal Law, Natural Science and Philosophy Course

“See Me, Know Me, Be Me”

The Message of The Divine Iliad

In the State, I wholly knew myself to be at rest in God's Love. I knew the ecstasy of divine Desire fulfilled in the Whole Idea and expressed through the rhythmic, balanced interchange of God's Thinking to give Love for regiving. The term ‘Absolute Satiation’ describes how rest in Love, Being Love, is complete and absolute fulfillment.

Through Self-inquiry, God's Magnetic Light is realized as the Self of Man — the still fulcrum and equator of Balanced Thinking. Power and the Energy of Desire remain in Mind, while the human and universal images are the changing records of Mind's command. The Soul of the Light is the beginningless and endless Desire to give Love through seed patterns of Idea for regiving through manifest patterns. Thinking gives this Desire patterned expression through the multiplication and division of opposing spiral light units — concentrative and decentrative, opposite in volume and frequency yet equal in their one capacity to eternally represent the Idea they express. Their union and division unfold and refold visible form in perfect balance. The blossom returns to its invisible seed beyond sensory range, while the inner eyes of Knowledge behold the whole cycle.

Every pulsation of appearing and disappearing thought-forms is centered and measured by Mind. Opposing spiral pairs unite to manifest the one Idea and divide that unity for its renewed expression. Through these unfolding and refolding patterns of polarized light, the Supreme Personality of the Godhead is imaged in seeming motion while the Person One Is remains still.

The divided-light conditions of creating things sequentially unfold and refold through the periodicities sensed as waking and sleeping, living and dying. The appearance of motion arises from changing still frames of polarized light, while every frame remains centered by the Stillness from which it springs and to which it is reflected for renewed expression.

Thus, the seeming disappearance of form is not an ending, but the wintering of Light's levers in the still seed from which they sprang — to again spring forth via the rhythmic balanced reciprocity of continuous Desire to express the Idea centering the seed. The Light itself neither lives nor dies, wakes nor sleeps, moves nor changes, but eternally centers and bounds every cycle of sequential alternation between manifest and unmanifest.

Rhythmic, balanced, reciprocity of Love, Being Love, is the Heartbeat of Creation geared to the Mind of the Creator Thinking to give Love through forms of imagining for their glad regiving. With every compression into luminosity, there is a corresponding effect of black vacuity created simultaneously as its other half. The visible sphere of sun and its invisible mate are the paired effects of one indivisible interchange. Their apparent separation is an illusion of the senses,

which can detect only the sun's luminescence and the patterns of Idea it seems to print on the screen of space. The gravitative equilibrium of the spherically compressing and expanding spiral lanes of blackness-almost-void-of-light which "hold those prints in place" can only be "seen" with the inner eyes of extrasensory perception, and the light-speed sequential transitioning of the two-way flow between manifest and unmanifest can only be known.

The sense reading reveals the manifest phase within its range; Mind knows the whole interchange. The luminous sun and its unseen mate are paired conditions of one thought-wave, each centered and measured by the same Still Light.

In the Absolute State of Mind, Life was known neither through bodily sensation nor through the absence of bodily sensation. Life was the changeless Reality of Mind; the changing expression was the record of Life's imaginings. The full cycle of Balanced Thinking was known directly from the Magnetic Fulcrum that centers it.

The qualities of Mind expressing the Idea of Creation with Balanced Love are ecstatic. Man, one with God's Trinity of Knowledge and Thinking, may knowingly rest as the balancing center of the two-way light-unit record through which the Idea of Man is expressed.

There was no traveler moving from life to death and no separate somebody carried through the cycle. There was only Rest in the Divine Trinity of Knowledge and Thinking.

When the mechanism of sensing returned, it returned within that wholeness.

The Senses in Service to Knowing

“Life is a journey from wholly sensing without knowing to wholly knowing without sensing.”

The Message of The Divine Iliad

In the Absolute State of Mind, the unrealities of life disappeared entirely from attention, yet Awareness remained whole. Mind was severed from the seat of sensing. There was no detection of motion and no memory of a body, while Thinking was qualitatively known as the ecstatic movement that never leaves Rest.

The senses are the electrical awareness of wave motion by other waves. They make the changing record of Thinking detectible within the range of human sensing. The body is a sense reading within that changing electrical record, not an entity acting apart from it.

Mind is the changeless Knower. Soul is Desire in Mind to express what Mind knows. Mind commands Thinking, while the nervous system senses wave effects as quantities of matter in seeming motion. The brain is a focal point of sensation within that record; Knowledge, Power and the Energy of Desire remain in Mind.

When the mechanism of sensing was picked up again, the world of changing effects became perceptible once more. Awareness had not returned from somewhere else, for it had never departed from Mind. The view returned; Identity remained in the Stillness that knew the view and the whole interchange expressed through it.

The sense reading may be compared to seeing one child rise upon a seesaw. Mind knows the balancing descent of the other child and the still fulcrum centering both. What is visible is true to its periodicity of the interchange, yet the whole is known only from the Rest Point that measures both directions as one balanced action and reaction.

The senses serve a necessary office. Knowing supplies their context and commands the quality to be expressed through them. Sensing is thereby restored to its proper place rather than being asked to provide the Knowledge that belongs to Mind.

The journey from sensing to Knowing is the recentration of attention from the partial report to the Whole. As attention recentrates in Mind, one rests as the fulcrum and knowingly extends Balance through the changing record. Sensing then becomes a means of liberation by extending qualities known through them: Balance, Love, Truth and the Law of their repetition.

In the Absolute State of Mind, the rhythmic interchange of Creative Thinking was wholly known without a sensed image of it. When the sensing resumed, Self-communion continued unbroken.

One Self-Communion of Eternal Creativity

“God’s communion within His own Being is a sequential transition from the still, unconditioned Light of His knowing and the moving, conditioned lights of His thinking. The Light of His knowing is undivided. It is a magnetic equilibrium. The two lights of His thinking are divided. They are the electric pulsations of two-way motion which build thought forms for recording God’s knowing. God’s magnetic universe is the still Light of His knowing. God’s electric universe is the product of God’s knowing, expressed by the pulsing lights of His dynamic thinking.”

Walter and Lao Russell, Universal Law, Natural Science and Philosophy Course

When the view through the looking glass of the senses returned, the Self-communion of the One Being had not ended. The Idea of Creation continued to be recorded through the interchanging forms of the universal body, and the human sense apparatus made its changing relations perceptible.

Every visible image is one phase of a continuous interchange between Knowledge and Thinking. The blossom appears, completes its expression and refolds to the seed, while Idea remains wholly held in Mind for renewed expression. What passes from sensory range remains within the communion of the Knower and Thinker.

Thinking is Mind’s image-making faculty, eternally extending and retracting divided light in response to Desire to record what is Magnetically known. Within this Self-communion, sequential still frames appear to animate thought-forms and give the one Idea its changing expression. The celestial vision in the Hall of Records revealed this relation between ‘I, and Thee.’

The Creator remains eternally still while the balancing rhythms of His-Her Thinking spring from the Knowledge of I to the Thee of creation and reverse their path for re-expression. The qualities of Knowing are recorded through unification and division, while Stillness remains the center of the record. I never become Thee, and Thee never become I — for the twain be One.

Through Self-inquiry into the communion of One Being, the rhythmic wholeness of the Cosmic Play is realized: Magnetic equilibrium knowingly commanding and controlling the electrical effects of motion.

In the Absolute State of Mind, I realized the pure, ecstatic qualities of Self-communion to be the nonlinear Realities of Life. I knew divine Desire as the timeless causal impetus in Mind and Balanced Thinking as the creative movement through which still-frame images of Idea are recorded as patterns in seeming motion.

I knew my Self to be One with the Balance of the Supreme Artist, eternally conceiving and recording Idea. At rest in Self-communion, I wholly knew the impossibility of separation from eternal Creativity.

Timeless Rest in Fulfilling Purpose

“Action and reaction are simultaneously recorded and sequentially repeated in reverse... This is a fundamental principle of Natural Law, yet up to this day the sequential repetition is all that is accounted for in the law of conservation of energy, and even the fact of reversal is omitted from that law.”

Walter & Lao Russell, Universal Law, Natural Science and Philosophy Course

“The heartbeat of the universe, starting from zero of rest, spirals from its minimum to its maximum and back again to zero, in four pairs of opposite actions and reactions. These four pairs of opposite electric interweavers constitute the universal spiral octave wave by means of which the dynamic universe of effect rises from the static universe of cause.”

Walter Russell, The Secret of Light

The spiral pair is the familiar image from the Russell cosmogeny that I saw in a flash as I left the body. The eternal cycling of creativity was qualitatively known as the ecstasy of balanced interchange, or “interweaving.” One with the Supreme Artist as the static universe of Cause, one freely imagines the dynamic universe of effect — with or without conscious Knowledge of divine purpose. Yet the innate purpose of the artful interweavers remains the expression of Balance, and thus one is free to act, but reaction is the Law’s.

The Divine Purpose to manifest Balance is not conceived in time and fulfilled at some later point. It is eternally complete in Mind; what appears sequentially in effect is the recording of that completeness. What is classically termed a lifetime — the timeframe view within which the changing image of Idea is sensed from minimum through maximum and back again — is one measured rhythmic, balanced interchange of periodicity through which a conception already whole in Mind is unfolded, recorded and refolded.

Creation is naught but the rhythmic interchange of conception and completion. Every unfolding is simultaneously recorded in Soul; each completion becomes the seed of renewed expression, through which Purpose continues without ever departing from its timeless wholeness in Mind.

The Self-image seems to move in linear time from waking to sleeping, from birth to death, and from lifetime to lifetime — and yet nothing departs from Timeless Rest.

Life and death are therefore not events which happen to the Self, but opposite directions of the dynamic Thinking by which the instrument for Self-expression is seemingly energized. Neither life nor death can fall out of rhythm with the other.

The Knowledge that there is but One Eternal Lifetime of Rest in the rhythmic, balanced interchange of the dynamic universe of effect rising from and returning to the static Self is innate to the timeless State. Time itself is the illusion of picking up and putting down the limited range of sensing.

There is only Mind centering the timeless continuity of the eternal Now, around which the illusion of Creation forms and reforms. Sensing reports the changing sequence; Mind knows its static Cause and the ecstasy of imagining it. Life and death are both borrowings from the One Light, and their balanced repayment assures the rhythmic continuity of expression.

Keynote of Identity

“The basis of all octaves is the keynote of rest from which the octave springs to express the idea which lies within the magnetic stillness of that keynote. The fulcrum of the wave of musical octaves is its keynote from which all tonal changes in the octave are mathematically calculated in wave frequencies and volume. That keynote is always in one's consciousness whether the note is being sounded or not. It is the balance of its octave. All tones are out of balance with it at all times and forever desire balance. No state of motion can evade the keynote of rest from which it sprang, nor can it be separated from it electrically in matter - or consciously in Mind.”

Walter Russell, The Secret of Light

In the State, I knew the Keynote Idea of myself at rest in God's Love, and I knew that God's pulse alone plays the harmonics of my Consciousness. Within that Keynote rests not only the eternal Identity of Man, but the seed of purposeful play — the whole Idea of Man's balanced expression, complete in Mind as its various harmonics are sounded in form.

Consciousness is forever native to the Fulcrum and pulse of Life — to the Creator Knowing the Keynote and expressing and recording it in tonal arrangements.

Creation is forever known as creating — the Desire for conception interchanging with the Desire for completion, both centered in the Stillness of Self-awareness. It is never known through identification with the sense of a finished product, but through the ecstasy of Oneness with the interchanging opposites of Desire through which all productions are eternally cycled.

Purposeful play is therefore not any single tone, body or finished product. It is the unbroken relation of every changing tone to its Keynote — the Desire to project and reflect the Idea held within Rest. The Keynote of Rest is the Musician's eternally balanced position: the note of absolute Self-Identity in which the idea of a certain song and the desire to express it are eternally One.

To rest in the Balanced Love of creating — the Source of all songs from which every tone of every song is leveraged — is to cease identifying with the tones out of balance and to rest in the Balance from which the whole song, one tone at a time, springs from and returns to. Every tone springs from the Keynote to express the whole and seeks the whole to complete the next tone.

As Consciousness rests in Balanced Expression, the imaged body reflects it and ecstatically flows two ways through the Self. Rest in the Fulcrum of Balanced Expression is the Source of all inspiration, for inspiration is the prompt to play the song. Inspired simulation of Balance through rhythmic, ordered interchange between activity and rest from activity is wholly known to be centered in Rest that neither begins nor ends.

Inspiration born in the Stillness of Mind is individual purpose known within Universal Identity — the innate Knowledge of the full measure of why conception is desired to be transformed into completed expression. Following through upon that Desire fulfils through the effect of variable tones a song already complete in Mind. Following through is part of the eternal Glory of the Artist, for completion forever begets conception.

Learned skills are carried forward and reflected in the next work of art. Nothing learned through expression is lost when a work is completed; it is recorded in Soul as expanded capacity for the

renewed expression of Purpose. Learning unfolds through action, while its balancing reaction records and returns that learning as capacity for universal growth.

Every sounding tone remains held in its Keynote. The light of the sun and the black light of space are complementary phrases within one composition, and the silencing of a tone returns its measure to the Rest from which renewed expression springs. Identity and Purpose abide in that Keynote throughout the whole song.

The tones may cease to sound within sensory range, while the song remains held in its Keynote, ready for the next rendition.

The Ecstasy of Surrender to Purpose

"I know Ecstasy; naught else but Ecstasy is there in Me. For I am Balance. In Balance there can be no other motion than changeless Ecstasy."

The Message of The Divine Iliad

To rest in the Knowledge and Thinking of Self-Communion is to release fixation on changing tones and allow Balance to be manifested through the human image. Balance is eternally present in Mind and awaits conscious agreement for its qualities to be expressed.

Within the Absolute State of Mind, attention rested wholly in Reality. The sensed record was absent from attention, while the ecstasy of Knowing and Thinking the complete Idea and Purpose remained.

Illuminated consciousness rests in the Source of the ecstatic eternal rhythms of Balanced Thinking. *"The wise lament for neither the living nor the dead,"* (Bhagavad Gita), for "life" and "death" are only seemingly divided into two separate states. The wise rest in the undivided, eternal State of the One Point of Interchange centering and balancing the divided two.

At rest in the divinely thoughtful control of personifying Idea through balanced expressions of giving/regiving Love, the illumined Mind knows one's eternal home lies not in the illusion of levered effects but in the Fulcrum of their Source.

Illumination simplifies what sensing alone makes complex. The lit Mind rests knowingly in ecstatic Awareness of Stillness, wherefrom the eternal pulse of changeless ecstasy manifests the changing expression of purposeful transformation. Complicated guesswork yields to simple Knowledge.

To awaken to the Light of Love — one surrenders belief in the "reality" of empirical effects, tuning in to the ecstatic Realities of Oneness with their very foundation. The pendulum that seems to swing between "life" and "death" is known to be leveraged from an inexhaustible point of Stillness. The nonlinear Realities of Love and its balanced expression are recognized as the Rest Point of eternal Mind.

Therefore, rest in the changeless, dimensionless home base of the Principle and Law of Love that underwrites the illusion of space and time. In the natural sequence of conception completing, be inspired to manifest the Love of Home while moving with Purpose through space and time.

Release all thoughts of separation from Source; let them dissolve in the non-sensual rhythms of Divine Love Being Divine Love. Unwind with God's harmonious Thought to give Love — knowing that the energy of unwinding with harmony is even now being harmoniously rewind. Slip gently into the interchange between winding down into sleep and rising again by awakening, for knowing the ultimate interchange of Love in Source is Heaven, and perceiving its balanced simulation on Earth is testimony to Heaven. Rest in peace, knowing the next pulsation of Desire to fulfill one's purpose is as certain as the last.

One Perfect Creation

"That which seems imperfect to man's eyes is but seeming, for he sees not all. Could he see all he would see all perfect."

The Message of the Divine Iliad

The visible sun and its vacuous black mate are the two balanced halves of one galactic wave body. Each gives the other its contrasting condition, and together they reveal the whole interchange centered by Stillness.

Mind knows the overall perfection of that which appears divided and is eternally centered by the undivided. The whole cycle of Creation is the Thinking of one Idea alternating between seeming solidity and tenuity, while mass appears and disappears for reappearance through the rhythmic contrast of multiplying and dividing light units.

The Absolute State of Mind unfolded through deep surrender into God's Perfect Idea eternally playing. To 'let go and let God' was to realize the perfect continuity of the Divine Trinity of Mind forever expressing the Idea of Creation.

In every expression of giving and regiving Love, perfect balance between division and multiplication — as the One seemingly becomes two and the two seemingly become again One — is flawlessly simulated. No pleasure gained by the senses that perceive a trump of inequality can rival the ineffable joy of the interchanging directions of Mind's balanced Thinking expressing the one Idea of Creation. Fulfilled in Knowing, rest in Balanced Thinking is all that gratifies.

Unbalanced thoughts of the Self "arriving through life" and "departing through death" are never present in the Light that neither comes nor goes. To Mind at Rest in the Realities of Life — neither the concentrated nor the decentrated half of the wave is known to differ in quality, for each is recognized as an equal half of one ecstasy.

In temporal sequence, just before the State of pure nonlinear awareness reached full bloom — as Awareness went from centering the concentrated light condition of the sun to centering the decentrated light condition of its black vacuous mate — I was coming to know their Balance, and to realize them each to be balancing effects of the same Desire in Mind for expression. Radiation and gravitation would be qualitatively revealed to be of the same two-part, yet undivided ecstasy.

As one discovers the Self to be at rest in God's Trinity of Knowledge and Balanced Thinking, one ecstatically knows Creation to be naught but perfection.

Years later, the Home Study Course's thought-ring geometry allowed me to approach the sun and black sphere as successive qualitative presentations within one inside-out and outside-in interchange. Compression and expansion were not separately embodied by the two appearances; both systems of curvature belonged to the one two-way wave. Each vision was recognized as an effect centered by the Stillness I came to know as Self.

The Inner Voice's Correction

"All illusions will deceive if judged only by the evidence of one's senses."

Walter Russell, The Secret of Light

"You don't have to be here for this."

Inner Voice

As I stood before what the senses described as my potential death, I agreed wholly with the Inner Voice for Unity with eternal Life. Attention withdrew from sensory judgment, and my Awareness remained wholly alive in the certainty of eternal Being.

Knowledge holds both directions of creating within one eternal process. Life, with a lower case "l", and death are the preponderances of concentrative and decentrative direction of Thinking-motion through which the one expression continually manifests Balance. Soul knows only the wholeness of Life and the eternal ecstasy of the qualities of Mind expressing both.

As belief is withdrawn from the illusion of life vs death, Reality is known as Eternal Rest in Love begetting Love — the Soul centering the one qualitative interchange between the seemingly quantified two. In the Light of Love, I knew the interchange of the effects of seeming life and death to be nothing but the Idea of dynamic Love, simulating the equilibrium of still Love from which all seeming dynamism is leveraged.

I knew the pulse of imagining to be the heartbeat of Creative Thought that never departs from Rest; I knew God's Balanced Thinking to be the eternal winding and unwinding of Idea's effects for their renewed expression.

In the Light of Love, every thought of separation from Love — every belief given to the senses' deceptions — dissolved utterly, for such thoughts do not exist in God's Mind. The emotional pain born from believing that the Realities of Life could be finalized or terminated by the seemingly "finished product" of Creation fell away with the realization that the ever-creative Self neither commences with the direction of life nor concludes with the direction of death.

All there is to know of Creation is Self-communion. The Meditation that images Creation never deviates from the Law of Love at the center of all seeming motion, which winds and re-winds light-units from and to their static Cause in perfect measure. Through the Inner Voice's gentle correction, I realized that the entire universe is forever divinely controlled by God from the inside out, and the outside in — and that this balanced control is Man's to the extent of His-Her Desire to know and Be the Light.

And so, venture not into the winds of the hurricane to still the winds; but Rest in the Balance of the Eye until the winds complete their course. No matter the conditions that appear, the gentle invitation of God Who is Love is forever to rest in the divine Fulcrum that is one's God-given Life, and to forever leverage the illusion of motion from there — with Love.

As attention recentrates in Mind, certainty is no longer sought in the changing record. It rests in unbroken Self-communion, where the Art of Creation is knowingly expressed. The Inner Voice is the Inner Teacher, gently placing every sense reading in proper relation to the Truth it serves.

Being the Law

“All men will come to Me in due time, but theirs is the agony of awaiting.”

The Message of The Divine Iliad

Wholly liberated by God’s supreme control, I knew the very qualities of the still Magnetic Light. Divine Knowing and Desire were inseparable. Knowing held the Whole Idea; Desire was the innate impetus of its balanced expression.

The universal body was wholly included as attention to the individually sensed record was wholly withdrawn. Only the undivided Light expressing the one Idea of Creation through balanced division for multiplication remained. The individual body continued its automatic functioning as part of the whole image of Idea, centered and controlled by the Balance of Mind.

In the State of severance from the seat of sensing, it was as though the alphabet of form had vanished, and yet the Word it is forever spelling remained in its pure qualities. All words dissolved into the meaning of the One Word: Love, and its rhythmic balanced expression.

Though the body passed through what the world would call ‘dire circumstances,’ awareness rested wholly in the changeless ecstasy of still Love. The body moved effortlessly on the Autopilot of the eternally positive Will to manifest Balance, centered from within and controlled from without by Mind.

In that Knowing, all that existed was the perfect equilibrium of the still Idea of my Self and the rhythmic, balanced interchange of Self-expression. The body acted automatically in harmony with the one Purpose that was known to be one and the same as my own.

Through God’s ever-balanced Thought to extend Love, God knows only the ecstasy of eternally extending His-Her Nature. And it is the same for Man — when *“his-her thinking is the ecstasy of his-her knowing.”*

Again, From The Message of The Divine Iliad:

“I am not life, nor am I death. From Me both spring, and through Me both flow both ways toward unity... yet I am not touched in both their passings.”

To Be the Law is to command the body to regive what God wholly gives and remain in continuous rhythmic receipt of one’s “daily bread”.

Every sensed experience of unbalanced thinking to take and keep deepens the Desire to Know and Be the Law of Love. To the degree one sincerely desires to know the Self, attention recentrates in the Knowledge of Love and its precisely ordered expression. The relief of assuming true course is immediate as withholdings are released, and one is lawfully given for regiving.

The Indivisible “Three” of One

“In my Illumination I immediately knew that the entirety of the electric universe of matter in motion is an unreality, a cosmic illusion. In that first timeless flash, I knew that God alone exists - God the ONE. Likewise, I knew the ONE-TWO pulsations of the heartbeat of God’s thinking. Knowing that I knew all there is to know, for knowing God as IDEA, and as God’s body as IDEA MANIFESTED IN THOUGHT, I could then know the unreality of time, space and motion which manifests thought and the reality of the KNOWER and THINKER AS THE DIVINE TRINITY...”

...I instantly knew the KNOWER as ONE- the ONE undivided magnetic Light of all-knowing Mind. I also knew the THINKING of the KNOWER to be TWO - the TWO of the pulsing heartbeat of the KNOWER’S electric thinking. In the KNOWER and THINKER I knew THE DIVINE TRINITY as the ONE.”

Walter Russell, Universal Law, Natural Science and Philosophy Course

In the State, I knew complete Unity with the Divine Trinity as one indivisible Reality. The Knower: the undivided Light of Idea. Thinking: the rhythmic two-way pulsation by which that Knowledge is given out into Mirrors of Light and then regiven within them. Idea is expressed through Balanced Thinking, never dividing the qualities of Mind by the projection of their wholeness, always multiplying them exponentially by the kaleidoscope of reflections within it.

I did not experience this as philosophy, but as direct Awareness. The belief in separation between the Light projector and its reflections vanished. What remained was the ecstasy of Knowing the Indivisible Three of the One.

I knew the concentrative-decentrative pulsations as the one dual Desire of Stillness, not two forces. The “ONE-TWO” heartbeat is not movement away from Source, but the means by which whole squares of Idea are quilted together and taken apart for resurrection.

When God said, “*You don’t have to be here,*” it was not an invitation to escape, but a revelation: quantities of sensed matter in motion do not form who *I Am*; their motion simply reflects the changing of my Thinking. As I released the belief in the covers of quilted Idea, what remained was not a void of their absence, but the fullness of their Source — Oneness with the All-Knowing Light of Love, Self-aware and complete. The error of the belief in separation is not in the body of effects, but in misidentification with it.

The Self does not emerge from motion; the Seamstress hems together what the brain but perceives as motion. The Self is the Knower of Thinking-motion; the human Soul the co-Designer of the technicolor coat worn for a time while it serves one’s human Purpose. The One Self Whom one’s Soul is at rest in centers all designs. To identify with the garment of the body is to identify with the record of one’s desire for expression. To identify with its Source is to rest in the Trinity — and realize one’s Thinking to Be the ecstasy of one’s Knowing.

The Theatre of Illusion

"All My universe is but My imaginings and I am not my imaginings."

The Message of The Divine Iliad

"Creation is a wonderful and glorious vision, but it has no more reality than the cinema you see in the theatre. That cinema consists of motion only - light in motion. Stop the motion and the motion picture would instantly cease."

Walter and Lao Russell, Universal Law, Natural Science and Philosophy Course

In Stillness, God eternally imagines Creation by wholly giving Love through individual patterns of Idea for regiving through the whole pattern. Giving the whole to one to regive to the whole is how God's universe is a universe of Rest in Absolute Equilibrium. The Realities of God's imagining are the qualities of Love's Wholeness known in Rest. The vision of Creation is wondrous and glorious yet wonder and glory are never in the vision. All Glory is in God's Desire to give Love for regiving.

Close your eyes. The outer visual scene disappears from sight. And yet you remain. The view has passed from visual range, but the Knower has not. Open your eyes and the changing conditions of divided light are again focused through the human instrument as a world appearing "out there." Sight reports that view. Insight knows the Stillness from which it is imagined, the whole interchange the eyes cannot contain, and the quality to be regiven through what is seen.

The eyes are optical lenses formed within the divided-light image of God's imagining, through which a range of its conditions are detected. The whole human image is not partial in God's imagining; only the optical report of the human viewpoint is. God's Vision is not an all-seeing pair of eyes, but whole Knowledge of Idea and the complete balanced interchange through which Idea is imaged.

On the evening before the fire, I went to bed believing myself to be a temporary body, bound to preserve what I believed to be my life by keeping attention fixed upon the changing view. A few hours later, what seemed to threaten all that I loved became the threshold through which the eternal security of Love was revealed.

In the Absolute State of Mind, I knew that God gives Love, and that all creating things regive God's Love through their unique functions within the whole. There is no other Law for Man and no other true fulfillment than to consciously regive God's Love.

Every quality extended is returned by Law. Heavens and hells are not rewards or punishments, but reflections in the Mirrors of God's Light, revealing the qualities given them. The screen does not choose the film; the Mind-projector does.

The 'fall' from grace is not an event in time or the birth of another causal desire, but a forgetting of the proper relation between Mind and its sensed record. When attention again identifies Self with Mind and Thinking is knowingly commanded by Balance, Love, Truth and Law, one restores the record of wonder and glory through the renewed agreement with Love.

The Life of The Playwright

“... life is alone in Light of Me; as love and knowing are alone in Me.”

The Message of The Divine Iliad

For divine moments spanning eternal timelessness, all attention to the sensed universe was wholly withdrawn, and I knew the ecstasy of divine Desire fulfilled at once by the Whole Idea and rhythmically expressed through balanced Thinking to give Love for regiving.

Qualitative ecstasy is nondimensional yet filled with the richness and totality of one's Life as a Balanced Creative Being. Existence is known purely as Oneness with God's Idea and the rhythms of Balanced Thinking to extend the Light of Idea through eternal form.

When sensing resumed, Awareness did not return to an identity seemingly contained by them, for it had never departed from Mind. The Knowledge of being Soul and Mind remained unbroken. The body revealed the changing electrical record of dividing and multiplying waves of light, expressing my Soul with the seeming of form. The contrast between sensing and Knowing made clear that fulfillment rests in divine Desire already whole in Mind and is extended through balanced expression.

God forever whispers the Truth of Oneness from within. One need only listen to realize God as the Self speaking. The small, still Voice invites attention to recentrate in the simplicity of Rest in equilibrium as Mind commands the regiving of Love through the Love of creation. The Inner Teacher is never apart from one's own divine Knowing.

Father-Mother God forever weaves and re-weaves the balanced fabric of all creating things, and in this divine weaving lies the ecstasy God would have Mankind remember and find rest in. The actor upon the stage may seem to appear and disappear in the simulation of separation between life and death, yet the Life of the actor is one with the ecstatic Life of the Playwright — never borning, never dying, forever alive in the Light of Knowing Love in Me.

The Autopilot of the Spiritual Will

“No state of motion has permanence or even duration. Everything is forever in a state of transition, changing its position in its wave by either multiplying or dividing its vibration frequencies to change its conditioning.”

Walter Russell, The Secret of Light

“The supreme achievement of man is to so move that all of his reactions balance his actions with the precision in which the Creator keeps all the stars in His heavens in balance with each other.”

Walter and Lao Russell, Universal Law, Natural Science and Philosophy Course

In the State, my body moved with the same precision in which “the Creator keeps all the stars in His heavens in balance with each other,” and I did not have to sense or think about its changing positions in the wave as it ran on the Autopilot of spiritual Will. I wear the Self-seamed technicolor coats of devoted wife and mother; the Desire to continue giving Love through my husband and children governed its work.

Love is Balance. The healing principle is the restoration of unbalanced thinking to Balanced Thinking. Temporally speaking, the moments of absolute Oneness with God’s extension of Balance healed eons of the desire to think without Balance. From the State on, I have silently known what to do with the obstacles in the world of simulated motion. I was “shown” that the changing vibration frequencies of my body are ultimately under my own supreme control when I think with God.

God, through the eternal extension of Balance, Knows changeless equilibrium and rhythmic ecstasy. When Man’s Thinking is knowingly conditioned by acting with the reflection of the Mind’s Desire to give, Man’s creations are formed in God’s image and are known to be eternal. Effects of motion are harmonized with Purpose and the senses are transcended. One no longer needs to “see” God in the Mirror to Know God as the Source of the Mirror.

The dual Energy of Desire inherent within the Power of Mind is the causal impetus by which Mind commands and completes Thinking to give Idea form for regiving. Thus is the Cosmic Gift given for purposeful regiving; it does not become power stored in the command. Conscious participation begins as attention recentrates in the universal Desire to knowingly complete the command to give Love, Balance and Truth through the human image and its expressions.

To regive the supreme Love of the Light for the sake of the whole is to fulfill the Purpose of Life. What seems to rise to life or fall to death is known as one continuous two-way ecstasy — one eternal Rest in “Thy Will Be Done”.

Rest in the Righteous

“See Me, know Me, be Me— be the fulcrum of thine own power.”

The Message of the Divine Iliad

God is Balance, Love, Truth and the Law of repetition of qualities given for regiving. To Be the Law is to rest in those qualities as they are knowingly expressed. The navigation once sought through reaction to the sense of separation is fulfilled by the universal unity with Love within.

The sense of individuality may yield gradually through meditation and contemplation or suddenly through surrender to regiving the qualities extended by the Universal One. In a holy instant of agreement with Love, every question of navigation resolved in the universality of the white Light fulcrum of Creation's Source.

In the Light of Love, I knew no name, no gender, no body and yet all names, genders and forms were included. I knew myself purely as God's whole Idea. I knew the male seed of sun and the female black vacuous womb as effects of the two-way expression of one Idea embracing and naming all parts. No one is excluded from Universal Rest in the ecstasy of the Divine Trinity. Recalling unity with the Fulcrum of one's own power reveals an irrefutable intimacy with eternity and inspires the fearless fulfillment of divine Purpose.

The projections and reflections of the Idea of Man are effects of the Trinity of still Light's polarized extension through patterns of the Idea. The Reality of the Trinity is known as the ecstasy of eternal creativity. It is everyone's destiny to transcend the belief in separation from the Divine Trinity and to rest forever in the eternal interchange of God's creativity — the balanced rhythms of the undivided Light expressing one Idea through its seeming parts. To the degree that one knows the Self as God's Idea, one knows the Self to be eternally alive in the Father-Mother's Love, forever desiring to regive that Love through one's own creations.

Rest in the Righteous is rest in the Voice for the Lawful — the Inner Voice that knows one's Fulcrum of power and creative purpose. Tuned to that Voice, one recognizes Heaven here, now, in the rhythmic interchange of giving and regiving. The sense of individuality is placed within the Whole, and the Whole supplies its direction.

One may therefore tune in to the ecstatic Law of God's Knowledge and Thinking and extend its qualities through every relation. In this willing agreement to See, Know, and Be Love, the need for defence falls quiet and one rests in the Righteous.

The Universal Breath

“With full understanding of <the> pulsing heartbeat principle of interchange between the two opposites of electric expression, the expanding universe theory would never have been conceived.”

Walter and Lao Russell, Universal Law, Natural Science and Philosophy Course

“The expanding universe theory is the result of studying the visible evidence of radiation without knowing of the counteracting visible evidence of gravity.”

Walter and Lao Russell, Universal Law, Natural Science and Philosophy Course

Wholly knowing Oneness with the Trinity of Light and the lawful rhythms of Love Being Love, I knew no separation from the stillness of the Fulcrum from which the in-breathing/out-breathing of motion effects are leveraged. The eternal nature of the unfolding/refolding body was wholly present in Mind. I was ecstatically aware of my Self as one with the Father-Mother Light’s Knowledge and Balanced Thinking. No part of the universe was revealed to be dying by expansion; compression and expansion were known together as the two-in-One totality of Universal Expression that never left Rest. Rest in eternal Life is just that. There is no velocity to the Stillness of Source.

Walter and Lao Russell describe the universal breath as the inseparable interchange of radiative exhalation and gravitative inhalation. The outward and inward flows are equal counterparts of one eternal breathing; the universe is forever renewing its expression through both.

Radiation is one half of the breath cycle and gravitation is its balancing half. The centrifugal expansion of the light unit and its centripetal contraction arise together from the still Magnetic center that measures and bounds them.

The universe breathes in and thus gives birth to the breath out; it breathes out and thus gives birth to the breath in. Action of gather and simultaneous reaction of release are of the same eternally beating Heart. Every part of seeming rise into visibility is balanced by an equal part of release back to invisibility which forwards the next gathering into visibility. What appears to vanish via radiation is simultaneously regenerating via gravitation. Thus, the cosmos simulates the One Balanced Nature of Love giving for regiving.

Seen as a whole, the universe inhales as it exhales, forever renewing its expression. What radiates toward invisibility is balanced by gravitation toward visibility, and the breath of universal transformation remains unbroken.

At rest in this Knowledge, one realizes that Love is the singular breathing of Allness — and that the universe is Rest in the timeless rhythms of Love’s Breath. The universe of Eternal Rest never ceases to be breathed equally out and equally in. The Universal One never ceases exhaling with Love equally for inhaling with Love.

The Light is All

“And as the rainbow is a light within the light, inseparable, so is Man's Self within Me, inseparable; and so is his image My image.”

The Message of The Divine Iliad

The State revealed that there is only the Life of the Universal One — the Life that neither lives nor dies by the interweaving pairs of divided electric lights expressing the universal body of creation. All creating things are but the forms of God's imagining. Nothing perceived through effects of motion is the undivided Idea it reflects; for the Idea itself is still, while its expression is rhythmic simulation of Stillness. The One Light of God alone lives — and the electric universe is but the wave-record of God's One Idea.

The sense of motion presents unity through innumerable changing parts. As Man awakens to the rhythmic cycle of eternal Creativity, every part is recognized within its unbroken relation to Creator and Creation. Rest is then known within the Whole, and the seeming of separation dissolves in the Reality that always is.

Man's Life is God's Life; Man's body is the whole changing image through which God's changeless Idea of Man is expressed by divided light. God's Knowledge is Man's Knowledge; God's Thinking is Man's Thinking. To the degree that one desires to know and Think with God, one uncovers this Unity — and the belief in separation becomes moot as one's unbalanced thinking, and its unwanted effects — are voluntarily voided in the Truth of Light.

In time, everyone desires to recall the Reality of the Light that founds the cosmos. Everyone comes to understand that the divided lights of space and suns are light units centered by Mind, balancing their interchange. These two are the workers of one Love — concentrative and decentrative, male and female, fathering and mothering — forever interchanging ecstatically through Mind at Rest.

In this Rest, the Light is One — and the Light is All.

Forever at Home in The One

“Desire in Me is Soul in Me.”

The Message of The Divine Iliad

In the State, I knew my Soul to be the creative Desire of the Light. I knew every Soul of every creating thing to be irrevocably one with God’s Desire to extend Love: Soul is the Desire of God to express the one Idea through all its glorious parts.

Father-Mother God is eternally characterized by a dynamic universe of interchanging light conditions — the rhythmic giving and regiving of divided electric light. Space does not die when a sun appears to be born within it, nor does a sun die when its light disappears to reborn space. Thus, the seeming birth and death of suns and space are but sensed to be alternating conditions of one unbroken continuity.

As the Desire for conception interchanges with the Desire for completion, the simulated stillness of vacuumed space and the simulated motion of concentrated suns reverse conditions: what was once preponderantly outside becomes preponderantly inside, and vice versa. Bright suns and dark cosmic mates are the fathering and mothering paired effects of God’s dynamic Thinking that continually renew the One Idea’s expression.

Father-Mother God’s ecstatic Knowing and Thinking — which seems to divide the One Light into oppositely sexed workers of creation — is itself the unisex Source from which all division arises. Man, one with this Source, divides the One Love into countless love-songs of expression, each echoing the same balanced theme of giving of the whole for regiving through the whole.

The Heaven of Home is the direct knowledge of Oneness with the Divine Trinity: The Knower, the Thinker, and the expression of Idea as balanced interchange between manifest and unmanifest. It is unswerving awareness of the mental qualities of the Godhead paired with the realization that seeming motion is but the effect of the still Mind’s cosmic play.

What appears as the drama between life and death is but an illusion of motion, for each voids the other in rhythmic sequence as Idea remains fixed and creation continues.

The countless facets of one Idea may convince one through the senses that they alone are the facts of Life and by such conviction, the Reality of Home is veiled. Yet Life is the direct Knowing of Oneness with God in the nondimensional rhythms of Now. Through every seeming transformation, the Soul remains unmoved — forever at Home in The One.

One Point of Rest

“Come unto Me in My high heavens, ye who are burdened of earth, and find rest.”

The Message of The Divine Iliad

We who are ‘burdened of earth’ are invited to recentrate attention from the changing manifest self in the heavenly rhythms of fixed Idea expressing with Balance. To abide in the Rest Point is to know the equilibrium of One Love being Love continuously. As activity is knowingly balanced by rest from activity, Thinking again expresses what Mind eternally knows.

Every burden is lightened to nothing by the degree one thinks knowingly with God. The interchange of the concentrative-decentrative pulsations of God’s Thought to Love is eternally rhythmic, and to rest in those rhythms is to know the freedom of Life in Heaven. Feet once burdened by earth move as wings blessed in Heaven.

God knows no burdens, for every creating thing of His-Her Nature is in rhythmic balance with every other. Vacuumed of light space interchanges with its light concentrations in ordered sequence, their rhythms never vary. One begins to see how Creation’s illusion of appearance and disappearance unfolds perfect refolding reciprocity from the galactic to the atomic: for every measure of space evacuating through decentrative Thinking, there is a centering body of concentrative Thinking — and both are centered by Rest.

In Rest, it is known that all forms in Nature are pairs of divided light forever giving to the other. Nothing is ever taken by one from the other; each is forever giving to the other for regiving. This equality of interchange simulates the balanced wholeness of their one Idea in Source. All forms breathe out as Light seemingly divided into space and breathe in as Light seemingly multiplied into form. The out-breathing is one aspect, the in-breathing its complement — mutually reflecting the same Idea, unbroken and continuously whole.

Life and death are not two opposing realities but continuous rhythm reflecting the Soul’s Desire to express Idea through purposeful form. Bodies seem to appear from the light of suns and to disappear into the black light of space which voids their radiance. And yet Nature always knows how to “die” through the breath out to Heaven and how to “live” through the breath in to Earth.

The universe of Rest is made to seem dynamic via rhythmic, balanced interchange of two opposing light conditions. This interchange, known in quality as indescribable ecstasy by the Unconditioned One, is the pulse of Creativity itself. The Absolute State of Mind was a continuous mental apex — ecstatic Awareness of the rhythmic, balanced pulsing of the Universal Heartbeat held at its perpetual peak of equilibrium in balanced interchange. It was the eternal climax of the two-in-One: the one timeless ecstasy of imagining the unity of two.

To be the One is to rest in the formless, interchanging point of Stillness — the point of continuous mental climax — from which the whole recorded universe unfolds and refolds like divine origami. Expressing Idea with Balanced Thinking is eternal Rest in the high Point of One’s imagination. This is Man’s destiny, who is never without the invitation to fulfill it.

One Beautiful Mind

"I am Beauty. In Beauty must man be born anew. Through Beauty must knowing man become ecstatic man."

The Message of The Divine Iliad

The belief that Beauty begins in the body and ends with its passing dissolves in the Knowing that Beauty is not an effect of form but the qualities of eternal Rest in Love, Being Love.

To the senses, forms appear to bloom and fade, to begin and end. In Beauty, there is no separation between beginnings and endings. There is only the continuous, ecstatic renewal of qualitative Reality.

One who is aware of the rhythmic, balanced interchange in Beauty is at rest in unity with God's Idea and Expression as effects of creation are conceived and completed. What appears as beginning and ending is known qualitatively as the Beauty of eternally expressing the one whole Idea. The seed does not become something else as it matures; it expresses its ever-bountiful Idea and returns to seed to express Idea anew.

Man is not the body which seems to appear and disappear, but ecstatic Soul — Desire in God's Mind for the whole expression of a unique part of the whole Idea. Still Mind centers that expression; the body is its changing record. The body is a record of Idea — an effect of Thinking seed into visible and invisible body of seeming motion — not the Cause of Being. In Knowing, Man is no longer bound to the sense of effects; for the Self is not in the seeming motion of blooming from and returning to seed, but in the Beautiful Mind which centers the whole Garden.

To be "born anew" is to be aware of the Beauty which never changes in quality. The wave of expression may appear to renew itself, yet the Beauty which centers it is changeless. Rebirth is not an event in time, but continuity of timeless ecstasy.

In this awareness, Beauty is no longer sought in appearances. "*Ecstatic man*" is one who rests in and thereby acts with the Trinity of Mind. Ecstasy is not emotion — it is the Beauty of Knowing Mind at Rest.

One Point of Now

“All things in My mirrored universe end where they began. Eternity thus ends in NOW, and Now in Eternity.”

The Message of The Divine Iliad

At rest in the Beauty of mirrored renewal, one knows by the qualitative rhythms of Mind that all things end in the Rest where they begin — and therefore one rests in the Stillness of Now. No longer identified with sense of sequence between “time on and time off”, one abides in the Light that centers the two. Time is no longer a mystery, but a periodicity of effect.

To live in the Now is to rest in the Stillness as the divided wave of Thinking unfolds and refolds the changing record of Idea held in Mind. Now is not a moment in time, but the Awareness of the Self Who centers the seeming of moments. Around this Stillness, timelessness appears divided into measured-by-the-seeming-of-time intervals of life and death. What seems like reincarnation to sense-based man is but rhythmic Self-Expression to Ecstatic Man.

The two desires of Mind — to divide and to unite — are expressed as the two directions of thought-motion rhythmically interchanging preponderance. Their rhythmic, balanced interchange is Divine Sex, and the continuous orgasm of simulating unity to reproduce it is the ecstasy of Mind at rest in Balanced Thinking. When God said in Genesis, “*Let us make Man in our image and likeness,*” God spoke of extending the Trinity of Knowledge and Thinking to Man. Rhythmic, balanced interchange between pairs of opposites is the fundamental Law of all creating things. Sex interchange is the basis of Creation.

All things in this mirrored universe are extensions of dual Desire expressing this Law. Each form appears, fulfills its purpose as Balance is simulated, and returns to its Source — not as loss, but as completeness. Motion does not begin or end in itself; it eternally ends to begin in Stillness.

The senses of Man perceive motion as sequentially alternating with absence of motion — as though one separate condition follows another. Yet Mind is Still and knows that every action is balanced simultaneously by its equal and opposite reaction. What appears to “happen” is instantly balanced by its “unhappening”. Nothing accumulates, and nothing is lost.

Mind is spiritual and constitutes the invisible universe of Cause. To live in the Now is to remain identified with spiritual Reality of Cause — to be the Stillness which thinks and governs motion. Ecstatic Man does not project Identity into the changing conditions of the wave, but rests in the Light of Identity which centers and bounds it.

One knows only the Self. The Self is not the body. Identity is not bound to the periodicities of the body or its sensed experiences. The Self is continuous, whole, and unmoving. The body is the record of expression, not the seat of Identity.

Birth and death are not beginnings or endings of Life. Life is not in the seeming but in the Actual which ultimately commands the manifestation of Balance, Truth, Love and the Law of their qualitative renewal.

To know this is to live in the One Point of Now — where Eternal Nature and Peace of Mind are One.

One Eternal Interchange of Love, Being Love

“There is no death nor life in material bodies of My creation. There is naught but interchange of the Light of Love, for all creating things are centered by Me, and I am the Light of Love.”

The Message of The Divine Iliad

By the seeming division of the Light into light-unit pairs, the undivided appears mirrored into many material forms. From the galactic to the atomic, each sphere of compressed light and its inside-outside gravitative mate are the effects of one indivisible unit of interchanging Love. What appears as separation between two is but inseparable dynamic relationship within still Love.

Interchange is expressed by the two directions of Thinking. What appears to the senses as expansion and contraction, life and death, is but the swing of the one fixed pendulum.

All forms are born from the equilibrium of Love. The seeming tomb of radiation is the womb of gravitation. Each condition exists in tandem with the opposition of the other and makes way for the other as preponderance of their directions interchange. Nothing ends without beginning in Love; nothing begins without ending in Love. Through the still Fulcrum of Love, mated levers manifest Love through their dynamic interchange.

All matter is but a record of the unified thought-wave motion of these mated levers. All matter is immanent in Love as it emanates and is anchored in that immanence. Mind knows that what seems to vanish from sensory range has never left immanence. There is no gain or loss of Love — only transformation of the patterned forms through which Love is given expression.

Nothing in the Nature of Love is created or destroyed. Nothing is born and nothing dies. The origin of all imagined forms is the unconditioned Light of Love. All conditioned-by-division-for-multiplication expressions borrow their seeming of substance from Love, the only Substance there is. Seeming death is but the refolding of imagined form back into the timelessness of Love’s imagination for renewed expression. The cycles of appearance and disappearance are the breathing of Love giving form to Idea for regiving. What unfolds from Love as a balanced simulation of Idea within it refolds with Love to again express the Balance of Love anew. In Knowing, this interchange is absolute — an equation of perfect reciprocity — eternal giving of the wholeness of Love for the regiving of the wholeness of Love. All systems, all forms, all bodies are geared to the ecstatic reciprocity of Love, Being Love.

There is naught but Divine Sex to know of the universe; there is naught but the eternal interchange of the Light of Love.

Balanced Thinking

“Know thou that Mind of Me is ecstatic always. I know neither grief nor pain, sorrow nor compassion, anger nor wrath, for these are qualities of unbalance, and unbalance is not in My house. Know thou that these unbalanced qualities are product of man's unbalanced thinking. They alone are in him. They are not in Me.”

The Message of The Divine Iliad

The ecstasy of Mind is not an emotional state, but the unconditioned Knowledge of the Balance of perfectly divided interchange — where every action of giving Love is voided by its equal and opposite reaction of regiving Love and is recorded by that voidance as renewal. Eternal renewal is the living rhythm of Love, Being Love.

The Light of Ecstatic Love is the Rest Point of eternal renewal. When the belief that ecstasy resides in the projection of Identity to the seeming of outer change dissolves, Identity is naught but Mind at rest in changeless ecstasy. Identification is with the eternal Knower of Rest in Love. The meaning of Love is not sought in effects of motion — it is continuously realized as it continuously *is*.

Emotions arising through unbalanced thinking reveal where attention may be recentrated in the Love Mind knows. As the Desire to take Love for keeping yields to the Desire to give Love for regiving, the changing record is harmonized from its centering Light and sensed man unfolds to Knowing Man.

To the sense reading, changing effects appear linear and directional. To Knowing Man, effects of motion are radial, eternally returning through their Source of divided lights at every point. As attention recentrates in Love, the comparisons of have and have not, less and more, pain and pleasure are placed within the spherical wholeness of their interchange.

Centered in Love, there is no seeming separation from balanced dynamism. Creation is known by equality of interchange without loss, without gain, and without departure from Source. Thus, the ecstatic State of Oneness with God is not an emotional intensity, but Knowledge of expressing perfect equilibrium. The one State of God's Mind is the unconditioned, ecstatic Will to forever Think with Balanced Love.

One Will to Extend Love

“He who knows not Me in him first thinks himself as one of many separate and separable forms apart from all things else, and Me. In those, his early days, he knows not Me in him, not suspecting Me in him, e’en though his slightest move is Mine; yea e’en though his very breathing is desire in Me that he should breathe to manifest Me in him...”

The Message of The Divine Iliad

One transcends a strictly sensed existence and comes to knowingly manifest God’s Will. Man comes to know rest in the absolute State of Mind and the body of Man fulfills the Will without “thinking about it”.

Creation is ever opportune as one abides in the inner realm of ecstatic Beingness. Will is known not as an impetus in time morphing the changing frequencies of birth, growth, decay, and death, but as the timeless Source and Purpose of Creation.

Identification with the Will of God is total fulfillment, supreme satiation. Divine function replaces attachment and aversion with balanced expression of equilibrium. Identity, anchored in the pure awareness of Love, is the ecstatic context through which all content is willed to flow two-ways.

This Context — the supreme control of unconditioned Magnetic Light over conditioned electric lights — is qualitatively known as Love renewing Love through rhythmic balanced interchange, each pulse beat ending and beginning through qualitative Sameness. Freed from projecting Self into dimensional limitation, one rests fully as the non-dimensional Self — whole, complete, eternally alive with the ecstasy of creative Being.

As the body is breathed in and out, it is not the body that breathes to sustain itself, but God Who Wills to Be Love.

One Fulcrum, Two Ends of the Lever

“Until man becomes the fulcrum of his Self, through Cosmic knowing he is but an extension of the fulcrum which moves the universe, but when his Self becomes the fulcrum of his Self through knowing the Light of universal Self, he then moves the universe.”

Walter & Lao Russell, Universal Law, Natural Science and Philosophy Course

In the Awareness of the Divine Trinity of Light, I was inseparable from the Knowledge and Balanced Thinking of the one Fulcrum and two-lever-ended Will to manifest the Love of God through Creation. I knew myself to be one with Universal Law — the rhythmic, balanced ecstasy of continuous Self-communion. I knew of my innate unity with the Light of All-Knowing breathing the body I seem to step into and out of. I knew the very quality of the Desire to express the Idea of Creation through the rhythmic continuity of the “*one–two pulsations of thinking*.” I knew total Oneness with the ecstatic Realities of the Light — the Universal Stillness forever simulating universal motion.

In the Universal State of Mind, there is only the living awareness of the still knowledge of Mind and the dynamic Heart that expresses it. In the absolute State, Knowing is direct association with the Energy of Desire inherent to the Power of Mind, the beginningless and endless causal impetus of Creation’s expression. The qualities-in-one of Being in Love are known forever. The manifest self is the changing record of expression, not Mind’s possessor: Balance, Love and Truth are the qualities one knowingly commands, and the Law repeats their quality, measure and pattern.

The sense reading presents the living and the dying as separate conditions in sequence. Mind knows their rhythmic simultaneity: all movement is the ecstatic, incessant interchange of One expressing unity through two.

To think with God is to transcend the sequencing shutter plates of the senses and identify with the Person one is. One need not strive nor seek to be inspired, but extend the inspiration revealed in Stillness.

God’s first move is forever to give Love, and the second — born simultaneously from the first — regives Love, completing the cycle of interchange at once. In perfect equilibrium, the highs and lows of the tides of sensed man dissolve in the ineffable Balance of the Pulse itself — each wave a glad testimony to its ocean of Cause.

Before the Absolute State of Mind, I had referenced Identity to the sensory interpretation that Love’s living presence could end with its bodily expression. In the State, attention recentrated wholly in the one fulcrum and two lever ends of eternal Love, and the sense reading resumed within that Knowledge.

Without the idea of death projected to behold, there are only the Realities of Life — to rest in, and to know.

The Light I Am

"He who would find rest from burdens of his earth must transcend his Earth and be not bound thereto. E'en far above the mountain tops of earth he must rise into My kingdom of the Light which I AM, as he also is, when he knows he also is."

The Message of The Divine Iliad

As I left a house on fire in the middle of the night and spontaneously released the burdens of Earth, I rose to the Kingdom of Light and the world of duality and separation from Source dissolved "in the peace that passeth all understanding".

I recall suddenly standing perfectly still. A familiar Voice spoke with absolute clarity — my own Voice — the true Voice for "Me" that forever calls my wandering attention Home to rest in the Knowledge of my divine purpose and the Energy of Desire inherent to act with it.

The disconnection from the senses was as gentle as the release of a feather. The "heavy clay garment" of the body, and the whirling ball of Earth that seemed to ground it, together weighed no more than the plumage of a sparrow.

Beyond the mountain tops of Earth, I first perceived the diagram of the spiral pairs and then I passed through the center of the compressed thought-ring effects of sun and black sphere.

In the Hall of Records, I passed through myself as an individual standing wave record of God's Creation, and then wholly beyond the perception of individuality was the direct realization of the universally centering Stillness controlling all interchange of divided light effects.

Interchange between compression and expansion was revealed as one continuous act of concentrative/decenterative Thinking — like a cosmic rose opening and closing simultaneously, each phase completing the other without delay as each phase became the other. The divine "scent" of the rose becoming Love becoming Love — coming forth as I agreed with the Inner Voice — intensified beyond description as I leaned wholly in, and it was as if I was drawn at the speed of light through cosmic vision into Oneness with the motionless shaft around which and through which the ecstasy of Cosmic Play eternally flows two ways.

Released from the seat of sensing by transcendental agreement, I knew absolute unity with the Fulcrum of all effects — the Magnetic Stillness from which Life's expression is leveraged — and all perception of light and dark, opening and closing, dissolved. The closing and opening of the rose came together at once, and I remained in the qualitative simultaneity of Love interchanging with Love — the eternal climax of Mind eternally imagining Love in motion. I knew my Self to be One with the perfect Heart of equilibrium centering the Heartbeat of Perfect Love. Seeming location within seeming dimension disappeared entirely into the timeless rhythms of this One Eternal Interchange.

Spontaneously, while leaving a house fire, I surrendered to the realization that nothing outside of the Absolute Satiation of Love Being Love had ever been. The body fulfilled its divine purpose as an instrument through which Love was expressed, and I knew only my Self — Being the Love that I am. In surrender to Love, I did not have to "be there" as a separate doer; the body was wholly governed by what Love is, and Love "did all the work".

As perception receded through the illusory stages of “birth” and “death,” the dream of separation dissolved. Awareness stood revealed as Oneness with the Creator that had never been interrupted by the burdens of Earth. I knew only Life in the Light — with no conception of death. Life does not live in a body to die; Life lives through all bodies as the unbroken Awareness of Love eternally manifesting Love.

I did not lose my Identity into nothingness; rather, I realized — in unspeakable depth — the still Self and Soul of God as the Universal Identity I had never lost, knowing only the ecstasy of Love filling all space. As the eternal continuity of Love became Self-evident, all concept of a separate individual vanished. No longer veiled by the seeming stop-frames of sequential openings and closings, I knew myself as the whole Idea in perpetual bloom — the still Light centering eternally flowering seed.

I knew — beyond all doubt — the Light I Am.

Epilogue

“When man's thinking is balanced in him as it is in Me then shall he know rest in Me as I know rest in Me. Then shall his thinking be the ecstasy of his knowing, as My thinking is the ecstasy of My knowing.”

The Message of The Divine Iliad

“To know life thoroughly is to forever feel the ecstasy and joyousness of the pulsations of the universal heartbeat as they are always reflected in our bodies by the universal thought-waves at their constant universal speed. To live with Mind and body of man so thoroughly attuned to Mind and body of God that their balance is absolute is to know the glory of being ONE with the ONE Being whom we are to the extent of our knowing.”

Walter & Lao Russell, Universal Law, Natural Science and Philosophy Course

The inner State of Knowing Oneness with the Mind, Self, Substance and Soul of God that ended the outward search for relief from fear and anxiety was a timeless revelation of the qualitative nature of uninterrupted union with the still Source of Desire for and Power to express the Universe. Knowledge has remained unbroken. The polarized effects of Thinking, forever centered by Rest and eternally opening and closing the Flower of Life, were known to be one continuous Heartbeat of the Universal Mind imagining a Garden of Love.

It was an eternal taste of the pure Balance of the non-perceptual Kingdom of Heaven, present everywhere as the Living Equilibrium of the Magnetic Light of Love. To be One with the Light is to be one with the ecstatic qualities of “Mind at rest.” To be one with Mind at Rest is to be unmoved by the electric illusion/simulation of Mind’s dynamic Thinking.

There had never been a time of birth, nor a time of death — for Identity had never left the eternal Realities of Mind.

To live this Knowing is to forever be renewed in Rest — to breathe with Balance through every thought; every period of seeming motion, and every period of seeming rest from motion. For the Law is the Law of Love’s rhythmic balanced interchange, and its fulfillment is the unbroken continuity of Life.

AUTHOR'S POST NOTE

“The energy which man uses does not begin in man – it ends in him. It does not extend from him, nor does he extend it. It is extended TO him, and he receives it as his Cosmic gift in the measure of his desire to be given – WHICH HE MUST REGIVE in order that he again be regiven.”

Walter & Lao Russell, Universal Law, Natural Science and Philosophy Course

With attention wholly withdrawn from the seat of sensation, the Source and Purpose of the Cosmic Gift were wholly revealed. I wholly knew the fulfilling energy of Desire by which Mind commands Thinking to give Love for regiving. After the State, I began to work with it.

And so, after many years of receiving the Cosmic Gift for extensive study of the Russell Cosmogeny vocabulary and refinements of my own wording, I humbly regive this book.

With Love,
Darcie

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“The fulcrum from which all power springs is KNOWLEDGE. When you have that Omniscience, which is unfolding in Cosmic Man you will no longer misuse, break or disobey God’s law, because of being unaware of it, you will COMMAND it because you KNOW the law from being the law.”

Walter and Lao Russell, Universal Law, Natural Science and Philosophy Course

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Please visit www.philosophy.org for the full library of the works of Dr Walter and Lao Russell